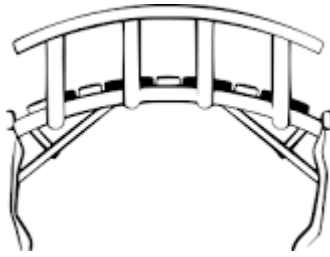


Seniors (in) Action:

Building Bridges Across the Generation Gap



Every spring semester, senior students from the Sierra Academy of Expeditionary Learning (SAEL), a small public high school in Nevada City, embark on a shared journey of discovery, joy, and growth with a handful of curious and thoughtful senior citizens. Starting in February, small groups of high school seniors spend 8 weeks filming interviews with community elders. The interviews are conversational, and include shared artifacts, photos, memories, stories, and much more. In May, everyone gathers to watch the films together and celebrate the experience. Elders take home a beautiful multimedia memoir, with poems, stories, photos, and the film.

We'd like *you* to join us this year!

Basic Information:

We are seeking 10-12 Elder participants, generally over 65 years old. (If we have too many, you will be on the list for next year.) Elders are recruited from the surrounding community, and must be able to commit to the dates listed below. The Kick Off and the Celebration of Learning are held on the SAEL campus (505 Main St, Nevada City). The filmed interviews are held at Nevada City CoHousing (200 Redbud Way, Nevada City), and participants must have transportation to those locations. Elders will meet with the same group of 3-4 high school seniors throughout the project.

The project is guided by these questions:

1. What is the meaning of life? What makes a good life?
2. How has the world impacted me?
3. How can I make an impact on the world?

Schedule

Zoom Information Session:

Thursday, January 30th, 2-2:30pm. Zoom information will be sent out when we hear from you.

Project Kick-Off

Tuesday Feb 11, 10:45 am - 12:30 pm

Students & Elders together: ice breakers, games, and potluck lunch at SAEL

Weekly Meetings:

Tuesday Mornings at NC Cohousing Community

First cohort: 9:40-10:40 am

Second cohort: 11:00 am-12:00 noon

8 Weekly Interviews at NC Co-Housing

Feb 18, 25

March 4, 11, 18, 25

April 1, 8

Celebration of Learning

Tuesday, May 13, 10:00am to 12 noon

Students & Elders together: Memoir project and video presentations

Thank you for considering participation in this project. Please let us know if you're interested, and if you plan to attend the info session. You can contact project coordinator Scott Young at syoung@sierraacademy.net or call 530-559-6660 to express your interest or if you have further questions.

Warmly,

Marika Beck and Scott Young

Building Bridges Project Facilitators